

SOME NATIONAL PROVISIONS FOR SENIOR CITIZENS IN NEPAL

Updated as of 18 Aug 2019



SENIOR CITIZEN'S WELFARE BENEFIT

- The Senior Citizens Act 2063 (2006) mentions that anyone having completed the age of 60 years is a senior citizen
- However, to be eligible for the Senior Citizens Welfare Fund, one must be above the age of 70, except for those senior citizens who are single women, those from the Dalit community and from Karnali Province
- Since the fiscal year 2019/2020, senior citizens allowance is NRs 3000 per month. Business Age reported this to come into effect from 17 July 2019

MEDICAL RELIEF AS PER RELEVANCE

People living with kidney failure, cancer and paralysis due to spinal injury are entitled to NRs 5,000 as monthly livelihood allowance

Bipanna Nagarik Kosh provides some financial relief to people from eight "difficult and expensive diseases" Cancer, Cardiovascular diseases, Renal failure, Alzheimer's disease, Parkinson's disease, Head and Spinal injury, Sickle Cell Anaemia and Stroke.

Those eligible to claim services under the *Bipanna Nagarik Kosh* will receive the following:

Each patient will be provided NRs. 1,00,000/- as health care expense including medicines required for disease management

For patients with renal impairment (मृगौला रोगीको उपचार सम्बन्धमा) free haemodialysis and peritoneal dialysis for 1 year

NRs. 2,00,000/- as kidney transplant expense

NRs. 1,00,000/- in one or more instalments as medicine expense for post-transplant management

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NRs. 1,00,000 to purchase medicine post kidney transplant is provided as cash grant. All other subsidies are provided directly through hospitals in Nepal.

If a required treatment is not available in Nepal, deprived citizens are eligible to receive up to Rs. 1,00,000 in cash for treatment outside Nepal. A proof of the unavailability of the treatment in Nepal and an approval from Ministry of Health will be required to receive this treatment allowance

The service provision is not applicable to be repeated for different diseases in the same patient

The List of Services can be accessed at the health facilities and hospitals enlisted by the Ministry of Health here
<http://bit.ly/2Yvc2aT>

Some hospitals have a *Bipanna Nagarik Kosh* office and resource stationed at the health facility and hospital and the best would be to call or visit and inquire the process with them.

SOURCES

Senior Citizens Act, 2063 (2006)

<http://bit.ly/2Yvc2aT>

<http://bit.ly/2YbGibx>

<http://bit.ly/2ZsEc3q>

<http://bit.ly/2JZctCo>

<http://bit.ly/2Ymd9p>

<http://bit.ly/2JYDPbC>

<http://bit.ly/2GzYQqZ>

<http://bit.ly/2SQ6UJo>

<http://bit.ly/2GzNvaC>
